

# Hygiene and Health Promotion: Safe Space for girls in schools

Showcasing Program and Sharing Stories, Experiences and Learning

Reported by: Lalita Limbu



31st May, 2022

KATHMANDU, NEPAL

## Background and Concept of Program

Bikalpa has been focusing to strengthen the plight of Kishoree at all levels and schools are an important level. Working with 20 schools as agents of change to create awareness and good practices in schools around menstrual hygiene, we are now formally at end of our working cycle. In order to regularize attendances of Kishoree during menstruation in schools, we envisioned this program. This is because menstruation and menstrual practices are prevalent in Nepal and still face social, cultural and religious restriction. Amid of it, menstrual hygiene management (MHM) is one of the biggest issues around the reproductive health and environmental pollution. It has also been a huge barrier for the menstrual health management at homes, working places and especially at schools. Due to the lack of sanitation facilities and the supplies needed during menstruation at schools, many girls face psychological challenges and avoid going schools which has resulted in increasing numbers of drop out. In order to address the problem, Hygiene and Health Promotion: Safe space for girls in schools under Bikalpa Nepal has been running in 20 schools of Kathmandu valley to create gender sensitive facilities in schools especially for girls and ensure girls' access to the clean sanitary napkins, disposable facilities, adequate water supply and awareness raising on the need of menstrual health and hygiene.

In order to create space for the learning and sharing, Bikalpa Nepal is organizing a **Showcasing Program** to share experiences, challenges and stories of Kishoree (adolescent girls) and schools regarding menstrual hygiene management at schools. This program will also include the handover of materials to develop safe spaces in schools for Kishoree. The program will be held with the presence of Honorable Minister Mr. Devendra Paudel from Ministry of Education, Science and Technology, representative of governmental authorities, PABSON, Schools' principals, focal teachers and members of Kishoree Committee under this program.

### PROGRAM

Date: 31st May, 2022 i.e. 17 Jestha, 2079

Time: 1:00 pm to 2:30 pm

Venue: Mahankalnhant Boudha (Bikalpa Premises)

### Main Activities

- Sharing about the program
- Sharing experience, stories and learnings
- Distribution of MHM Materials

### MAIN GUEST OF THE PROGRAM

1. **Honorable Minister. Devendra Paudel**, Ministry of Education, Science and Technology

### GUEST OF THE PROGRAM

1. **Padam Keshari**, Chief, Social Development Department, Kathmandu Metropolitan Office
2. **Mr. Bhuwan Lama**, Chairperson, Boudha Ward Office- 6
3. **Mr. Navaraj Bhattarai**, Chairperson, Budhanikantha-10, Kathmandu

### CHAIRPERSON OF THE PROGRAM

1. **Ms. Stella Tamang**, Founder & Executive Director, Bikalpa Gyan Tatha Bikas Kendra, Nepal

### MODERATOR

1. **Ms. Helina Rai**, Bikalpa Gyan Tatha Bikas Kendra, Nepal

23. Kishoree Web Conference with inspirational speeches by young women celebrities.

## Executive Summary Report

On 31st May, 2022 Bikalpa Gyan Tatha Bikas Kendra organized a **Showcasing Program and Sharing Stories, Experiences and Learning Program** under Hygiene and Health Promotion: Safe Space for girls in schools at Kathmandu Nepal. This program was organized with the presence of Honorable chief guest Devendra Poudel, Minister of Education, Science and Technology. During the program Mr. Nabaraj Bhattarai, Ward Chairperson of ward-10, Budhanikanta Municipality, Advisors and Members of Bikalpa Board and Council, Principals and focal teachers of 22 working schools from Kathmandu, Bhaktpur and Lalitpur districts, representative of Boudha Police, representative of Kishoree Group under Hygiene and Health Promotion, Children Peace Council, Young Women Leaders, Social Activists, participants of Women Education Program and different local and national media were presented. More than 200 participants were presented at the program. During the program, Ms. Stella Tamang, Founder and Executive Director of Bikalpa Nepal shared about the overall program and clarified the objective of the program. Honorable Chief Guest Devendra Paudel talked about the need and importance of having conversation about menstruation, menstrual health and hygiene in schools. Pointing the need of working in all schools, he said that he would encourage the policy makers and concerned authorities to have more programs for menstrual health and hygiene in private and government schools without any discrimination. During the program, Ms. Januka Paudel, Principal of Neel Barahi Secondary School, Ms. Shyama Panta, Focal Teacher from Jugal Secondary School, Ms. Pramila Khatiwada, member of Kishoree Group and Ms. Lalita Limbu, Program Coordinator shared their stories, experience and learning. Dr. Tseten Yonjan Tamang, president of Bikalpa Nepal said that the showcasing program is just the beginning rather than the end and encouraged everyone to take initiative from oneself too. The highlight of the program was participants, sharing, their experiences, learnings and committing to stay active in the resolving this issues. It ended with the Honorable Chief Guest visit to Bhrikuti School's Menstrual Hygiene Friendly Toilets for girls.

### **Main Objectives**

- To share Stories, Experiences and Learning of the program
- To hand over the Menstrual Hygiene related materials to schools

**Date:** 31st May, 2022

**Time:** 1:00 pm to 2:00 pm

**Participants:** Representative of Government Authorities, Principals, Focal Teachers. Members of Kishoree Group, Social Activist, Community Young Women Leaders

**Number of participants:** 200

### **Main Activities**

- Welcome

- Highlight of the program
- Sharing Experiences, Stories and Learning
- Launch of Book
- Handover of the MH related materials to schools
- Visit to Menstrual Friendly Toilet for girls in Bhrikuti School by Honorable Minister Devendra Paudel, Ministry of Education, Science and Technology
- Closing Remarks

Ms. Helina Rai was the moderator of the program. Firstly, she welcomed all the participants and shared the tentative program modality to the participants.

### **Welcome Remarks & Highlight of the Program**

Ms. Sushma Limbu, Program Manager presented the welcoming remarks to the participants of **Showcasing Program and Sharing Stories, Experiences and Learning Program**. After the short welcome remarks, Ms. Stella Tamang, Founder and Executive Director of Bikalpa Gyan Tatha Biaks Kendra Nepal highlighted the main objective of the program. She shared that Bikalpa Nepal has been running in 20 schools of Kathmandu valley and working with 9 Kishoree (young girls) in each school making total of 180 Kishoree directly to create gender sensitive facilities in schools especially for girls. Sharing her experience throughout the program period she expressed her gratitude towards members of Kishoree Group, Focal Teachers and Principals for the coordination for the implementation of plans in schools. She further shared that Bikalpa had realized the challenges faced by girls and female teachers especially during her menstruating time while working with them from past years and planned to work on menstrual hygiene in schools so that the girls can feel safe to attend school during the menstruation period as well. She added that there is awareness in people especially in the young community in comparison to the past years and this program also created a space of sharing and supporting to the friends in need during her period especially from the boys in schools. She shared that through this program Bikalpa tried to envision the menstrual friendly toilets in schools and also talked about the role of individuals, schools, local and policy makers for the MHM.

### **Lalita Limbu, Program Coordinator**

In the Program, Ms. Lalita Limbu, Program Coordinator for Hygiene and Health Promotion: Safe Space for girls in schools, shared about the overall experiences and learning throughout the program during the sharing. She shared that to run this program, Bikalpa worked with 22 principals and 22 focal teachers for the effective implementation of the program. We also worked with 9 Kishoree (young girls) in each school making a total of 198 Kishoree directly. In order to address the challenges that girls' are facing in schools, Bikalpa have focused on Awareness, Advocacy, Napkins (Washable and Disposable) and Facilities in school. Under Awareness, Bikalpa conducted different

interactions and discussion programs around safe and hygienic measures, myths and medicines, and socio-cultural stigmas. Bikalpa also organized an interaction and discussion program on menstrual hygiene management in schools and at home with members of Kishoree Group. Bikalpa also realized the need and importance of raising awareness and sensitizing boys in schools while working, so we had organized an Interaction Program between male doctor and boys. Along with this, to promote the use of reusable sanitary napkins to young girls, we organized workshop cum training on making reusable sanitary pads. To discuss furthermore about implementation of our plan, Members of Kishoree Group planned and conducted different activities in respective schools. Similarly, under advocacy we advocated online as well as offline. Bikalpa sent Bulk SMS to 1,000 people on different awareness messages every month. Bikalpa also have sent a joint letter written by Kishoree Group to 1,000 schools' principals. We also published different posters and booklet on menstrual health and hygiene in order to advocate about it. Under napkins (washable and disposable) we have focused on management of used napkin bags, cleanliness , soaps, sanitizers, making reusable napkins, water, disposal container. Similarly, under the facilities, Bikalpa have focused on changing room, rest room, disposal container, access of sanitary napkins, strong lock, separate toilet etc. In order to find out the need of schools, Bikalpa had different discussions and short survey on infrastructural facilities of schools and supported pad bank, pad disposal pit, bed, side table, side screen, pad ATM, mattress, pillow and posters to the schools as well.

At the end of the program sharing about the challenges, she shared that despite the many challenges created by COVID- 19, Bikalpa successfully implemented plans in the respective schools and requested schools to take ownership of this program and continue raising awareness in the school level and also thanked to Schools' principals, focal teachers, members of Kishoree Group, expert team and Bikalpa family for the successful implementation of the program and coordination.

**Dr. Januka Paudel, Principal, Neel Barahi Secondary School**

On the behalf of principals, Dr. Januka Paudel, Principal of Neel Barahi Secondary School thanked Bikalpa Nepal for supporting with Menstrual Hygiene related materials to schools and raising awareness on the hygiene management. She talked about the initiative and support by Government of Nepal for the Menstrual Hygiene Management in schools. Talking about the challenges she gave the example of having limited and poor infrastructural building of schools, she added that the challenges and gaps on implementing plan in schools. She shared that despite the challenges and gaps this program sensitized school's administration for being more serious regarding the menstrual hygiene management in school. Talking about the importance of menstrual hygiene management in school, she shared that they will continue this program in their school in their own.

**Ms. Shyama Panta, Focal Teacher, Jugal English Medium School**

Ms. Shyama Panta, Focal Teacher for Jugal English Medium School thanked Bikalpa Nepal for addressing sensitive yet most urgent issues in schools on the behalf of schools

and focal teachers. She shared that through this program girls in her school developed the sense of taking responsibilities and aware on menstrual hygiene. She shared that the members of Kishoree Group initiated the "One Girl One Pad Campaign" in their own and running it smoothly in the school. She added that being aware on the menstrual hygiene and health; they are raising awareness on Menstrual Hygiene Management in schools through different interaction and orientation program. She also added that after they took in the program, the school realized the need of addressing menstrual health and hygiene management and they managed a room for girls for rest and change. They also managed separate dustbins in toilets for the used sanitary pads management, she added. At the end of her sharing she talked about the need of continuity of such program in schools in order to create safe space in school and aware people on hygienic perspective of menstruation.

**Ms. Pramila Khadka, Member, Kishoree Group**

Ms. Pramila Khadka, representative member of Kishoree Group under Hygiene and Health Promotion: Safe space for girls in schools shared her working experiences and learning during the sharing. She shared that she is now confident to talk about menstruation with friends and boys in school as well. She added that she can feel consciousness of school administration as well because school managed a room for rest and change and also supported with medical and counseling in her school. She further added that importance and need of raising awareness among the boys and girls both in school and shared her observation boys being supportive to girls in school during the menstruating period. At the end of her sharing she talked about the further need of working on menstrual hygiene management in schools.

**Mr. Devendra Paudel, Minister, Education, Science and Technology**

The need of Menstrual Hygiene and its awareness at all levels is an urgency to act. With the introduction of awareness programs and activities in the arena of Menstrual Hygiene, the seed of change in this issue Hygiene has already been implanted. And, it's surprising to see that the changes we wish to see has already incurred. Not only girls, but boys too are becoming vocal about the challenges and future prospects. Government and private schools are incorporating the Menstrual Hygiene in their actions through conducting and participating in different programs as of "Hygiene and Health promotion: Safe space for girls in schools". However, the inclination of other educational institutions as of *Gumba* (Buddhist educational institute), *Gurukul* (Sanskrit educational institute) and *Guthi* (Newari groups) towards this issue is less. It needs to be addressed soon. Government has highly prioritized the educational sector with the greatest budget among all ministries. This could be the game-changer in the field of awareness and need of Menstrual Hygiene in the remotest schools of Nepal. The government is and will continue to put forward its efforts to change the current scenario of Menstrual Hygiene in schools and be labeled proudly as menstrual-friendly schools.



## **Closing Remarks**

Dr. Tseten Yonjan Tamang, President of Bikalpa Gyan Tatha Bikas Kendra delivered the concluding remarks in the program. She talked about the need and importance of having conversation and discussion on Menstrual Hygiene Management (MHM) in schools in order to create safe space for girls especially during their period. She also emphasized on the roles and responsibilities of school and government for the dignified menstruation of girls. At the end of her closing remarks she retaliated that that the showcasing program is just the beginning rather than the end and encouraged everyone to take initiative from oneself too.

## **Book Launch& Handover MH Materials**

During the program, Honorable Chief Guest Devendra Paudel launched a booklet. This booklet has focus on overall activities and accomplishment of the program. After the launch of the book, Honorable Chief Guest Devendra Paudel handed over the Menstrual Hygiene related materials to schools which were pad bank; pad ATM, disposal pad tank, bed, side table, side screen, mattress and posters to schools. At the end of the program, chief guests, guests and participants of the program visited the Menstrual Hygiene Friendly Toilets for girls in Bhrikuti School.

## Some Glimpses



### **Sharing Experiences: Ms. Stella Tamang, Founder and Executive Director of Bikalpa Nepal and Dr. Januka Paudel, Principal**





**Sharing Experiences: Ms. Lalita Limbu, Program Coordinator and Ms. Shyama Panta, Focal Teacher**



**Sharing Wishes and Experiences: Honorable Minister Mr. Devendra Paudel and Ms. Pramila Khatiwada, Member, Kishoree Group**



**Chief Guest and Guests: Hand Over of MH Related materials and appreciation letter to schools and Visiting MH Friendly toilets in School**

**Annex 1**

विकल्प ज्ञान तथा विकास केन्द्र  
**Hygiene and Health Promotion: Safe space for girls in schools**  
 अनुभव तथा सिकाई आदानप्रदान एवम सामाग्री हस्तान्तरण कार्यक्रम

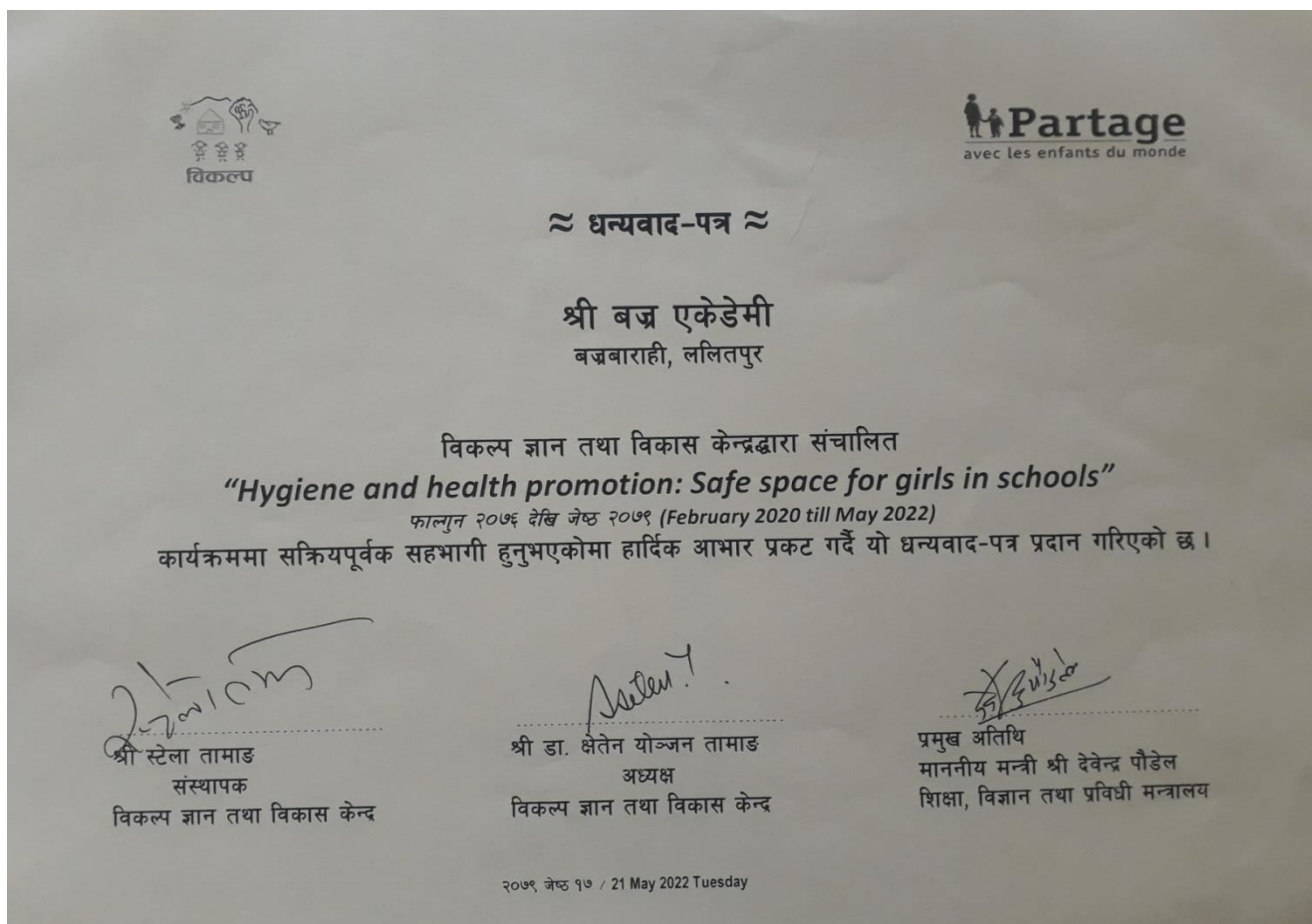
काठमाडौं  
 कार्यक्रम समय तालिका

समय	विषय	सहजीकरण तथा जिम्मेवारी	
०९:००-०९:१०	स्वागत शुभारम्भ सत्र: <ul style="list-style-type: none"> <li>कार्यक्रमको अध्यक्षता तथा आसनग्रहण</li> <li>स्वागत मन्तव्य</li> <li>कार्यक्रमको उद्देश्यमाथि प्रकाश</li> </ul>	<ul style="list-style-type: none"> <li>हेलिना राई</li> <li>सुष्मा लिम्बु</li> <li>श्री स्टेला तामाङ्ग</li> </ul>	
०९:१०-०९:३०	विद्यालयहरुमा भएका कृयाकलाप, अनुभव र सिकाईबारे सेयरीङ्ग <ul style="list-style-type: none"> <li>ललिता लिम्बु, कार्यक्रम संयोजक, विकल्प ज्ञान तथा विकास केन्द्र</li> <li>डा. जानुका पौडेल, प्रधानाध्यापक, नील बाराही सेकेन्डरी स्कूल</li> <li>श्री श्यामा पन्त, सहायक प्रधानाध्यापक तथा फोकल शिक्षक, जुगल ईड्लीस स्कूल</li> <li>श्री प्रमिला खतिवडा, सदस्य, विद्यालय किशोरी समुह, जनकल्याण सेकेन्डरी स्कूल</li> <li>श्री स्टेला तामाङ्ग, संस्थापक तथा कार्यकारी निर्देशक, विकल्प ज्ञान तथा विकास केन्द्र</li> </ul>	<ul style="list-style-type: none"> <li>ललिता लिम्बु</li> <li>डा. जानुका पौडेल</li> <li>श्री श्यामा पन्त</li> <li>आशिका जिरेल</li> <li>श्री स्टेला तामाङ्ग</li> </ul>	
०९:३० -०९:४०	अतिथी मन्तव्य तथा भनाई <ul style="list-style-type: none"> <li>नगरपालिका प्रतिनिधी</li> <li>वडा प्रतिनिधीहरु</li> <li>अतिथी प्रतिनिधी</li> </ul>		
०९:४०-०९:५५	शिक्षा, विज्ञान तथा प्रविधी मन्त्री माननीय श्री देवेन्द्र पौडेल तथा श्री स्टेला तामाङ्गद्वारा <ul style="list-style-type: none"> <li>विकल्प नेपालद्वारा प्रकाशित पुस्तकको विमोचन</li> <li>नमुना महिनावारी मैत्री शौचालयको भ्रमण</li> <li>विकल्पद्वारा सहयोग गरीएको सामग्री विद्यालयहरुलाई हस्तान्तरण</li> </ul>	माननीय मन्त्री श्री देवेन्द्र पौडेल र श्री स्टेला तामाङ्ग	
०९:५५-०२:००	शिक्षा, विज्ञान तथा प्रविधी मन्त्री माननीय श्री देवेन्द्र पौडेल द्वारा कार्यक्रमबारे शुभकामना तथा मन्तव्य	माननीय मन्त्री श्री देवेन्द्र पौडेल	
०२:००-०२:१०	धन्यवाद ज्ञापन तथा कार्यक्रम समापन	डा. छेतेन योजन, अध्यक्ष,	

		विकल्प ज्ञान तथा विकास केन्द्र	
०२:१०	चिया खाजा		

## Tentative program schedule

### Annex 2



## Certificate for Participating Schools

## Annex 3

**विकल्प ज्ञान तथा विकास केन्द्र**  
**Bikalpa Gyan Tatha Bikas Kendra**

**HYGIENE AND HEALTH PROMOTION: SAFE SPACE FOR GIRLS IN SCHOOLS**

**Showcasing Program**  
**&**  
**Sharing Stories, Experiences & Learnings**



**Ms. Stella Tamang**  
Founder/Director  
Bikalpa Gyan Tatha Bikas  
Kendra



**Dr. Januka Poudel**  
Principal  
Neel Barahi Sec. School



**Ms. Shyama Panta**  
Vice Pri./Focal Teacher  
Jugal Eng. Boarding  
School



**Ms. Lalita Limbu**  
Program Coordinator  
Bikalpa Gyan Tatha Bikas  
Kendra



**Ms. Pramila Khatiwada**  
Member of Kishoree Committee  
Shree Janakalyan Sec. School

**Date: 31st May, 2022 Tuesday** **Venue: Bikalpa Premises**

**Bikalpa Gyan Tatha Bikas Kendra**  
Boudha, Mahankalpat Kathmandu 014821635/4822731, 9849767559  
[www.bikalpa-nepal.org](http://www.bikalpa-nepal.org) [facebook.com/bikalpagyantathabikaskendra](https://facebook.com/bikalpagyantathabikaskendra)

## Digital Banner



## Annex 4



# विकल्प ज्ञान तथा विकास केन्द्र Bikalpa Gyan and Vikas Kendra

Govt. Regd. No.: 85010610061  
SWC No.: 15917

प.सं.: ३०  
च.नं.: २९६  
२०७८/०७८

मिति: २०७८.०२.१५

आदरणीय प्रधानाध्यापक ज्यू,  
पन्चकन्या सेकेण्डरी स्कूल  
छाहारी, काठमाडौं

**विषय : कार्यक्रममा उपस्थितिका लागि ।**

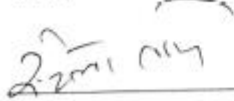
महोदय,

उपरोक्त विषयमा विकल्प ज्ञान तथा विकास केन्द्रले बालिकाहरूलाई लक्षित गरी काठमाडौं उपत्यकाका २२ वटा विद्यालयहरूमा महिनावारी मैत्री विद्यालय बनाउने उद्देश्यले स्वास्थ्य र सरसफाई प्रबर्द्धन : बालिकाका लागि विद्यालयमा सुरक्षित स्थान ( Health and Hygiene Promotion: Safe Space for girls in schools) कार्यक्रम संचालन गरेको छ । यस कार्यक्रम अन्तर्गत विद्यालयमा संचालित क्रियाकलापहरूको अनुभव तथा सिकाई आदान प्रदान एवम् सामाग्री हस्तान्तरण कार्यक्रम राखिएको हुदाँ देहाय बमोजिमको मिति, समय र स्थानमा आयोजना हुने कार्यक्रममा उपस्थितिका लागि अनुरोध गर्दछु ।

सहयोगको लागि धन्यवाद ।

- कार्यक्रमको नाम : अनुभव तथा सिकाई आदान प्रदान कार्यक्रम एवम् सामाग्रीहरू हस्तान्तरण कार्यक्रम
- कार्यक्रम मिति : २०७९ जेष्ठ १७ गते ।
- समय : दिउँसो १:०० बजे देखि २:३० बजे ।
- स्थान : विकल्प ज्ञान तथा विकास केन्द्र, वौड, महाकालफाँट

भवदीय,

  
रमुना तामाङ  
संस्थापक / निर्देशक  
विकल्प ज्ञान तथा विकास केन्द्र  
वौड, महाकालफाँट, काठमाडौं ।

--- २०७८-०७८ --- B. K. Mahabadi Phans, Kathmandu, Nepal, Tel No: +977-1-4821635, 4822731

## Invitation Letter to School



## Annex 5



⚡ DNF Khabar

विकल्पद्वारा महिनावारीमैत्री विद्यालय निर्माण अभियान सञ्चालन | DNF MEDIA

**अर्थ सवाल** Artha Sawal Weekly साप्ताहिक जि.प्र.का.काठमाडौं द.नं. २३६/०७३/०७४ वर्ष ६, अंक

## विकल्पद्वारा महिनावारीमैत्री विद्यालय निर्माण अभियान सञ्चालन

काठमाडौं। महिनावारी हुनु पानी पर्नुजस्तै सामान्य कुरा भएकाले अब किशोरीका लागि यो लाज र शर्मको विषय होइन तर सरसफाइमा भने विशेष ध्यान पुऱ्याउनु पर्छ।

उक्त भनाइ विकल्प ज्ञान तथा विकास केन्द्र नेपालको आफ्नो बालिकामैत्री परियोजनाको अनुभव तथा सिकाई आदानप्रदान एवं सामाग्री हस्तान्तरण कार्यक्रममा संस्थाका अध्यक्ष डा. क्षेत्रेण योजनले आफ्नो मन्तव्यको क्रममा राखेकी हुन्। शिक्षा, विज्ञान तथा प्रविधि मन्त्री देवेन्द्र पौडेलको प्रमुख आतिथ्यमा सम्पन्न समारोहमा संस्थाका सल्लाहकार डा. भद्रमान तुलाधर, बुढानिलकण्ठ नगरपालिका वडा नं. १० का अध्यक्ष नवराज भट्टराई, संस्थाका सल्लाहकारहरु, कार्यसमिति सदस्यहरु, कार्यक्रम सञ्चालित २२ वटा विद्यालयका प्रधानाध्यापकहरु, प्रतिनिधि शिक्षकहरु, विद्यार्थीहरु, किशोरीहरु, सञ्चारकर्मीहरु, सामाजिक अभियन्ताहरु, सुर्खकर्मीहरु समेतको उपस्थिति थियो।

बालिकाहरुलाई लक्षित गरी काठमाडौं, भक्तपुर र ललितपुरका २२ वटा सामुदायिक तथा निजी विद्यालयहरुमा महिनावारीमैत्री विद्यालय बनाउने उद्देश्यले 'स्वास्थ्य र सरसफाइ प्रवर्द्धन : बालिकाका लागि विद्यालयमा सुरक्षित स्थान' नामाकरण दिएर विगत दुई वर्ष अगाडिदेखि संस्थाले



आफ्नो परियोजना सञ्चालनमा ल्याइरहेको र पहिलो चरणको कार्यक्रमको समिक्षा तथा सामाजिक लेखाजोखाका निमित्त पनि सो कार्यक्रम गरेको कुरा संस्थापक तथा कार्यकारी निर्देशक स्टेला तामाङले बताइन्। प्रमुख अतिथि पौडेलले यस्ता कार्यक्रमहरु २२ वटा विद्यालयमा मात्र नभई देशभरी गरिनुपर्ने आवश्यकता औल्याउँदै त्यसका लागि आफ्नो तर्फबाट विनाभेदभाव नीजि तथा सरकारी विद्यालयका किशोरीहरुका लागि यस्तो कार्यक्रमलाई प्रोत्साहन गर्ने प्रतिवद्धता गरे। त्यसैगरी आफ्ना अनुभव तथा सिकाई राख्ने क्रममा निलबाराही मा.वि.का प्रधानाध्यापक डा.जानुका पौडेल, जुगल इन्ड्रिलस स्कुलका सहायक प्रधानाध्यापक तथा फोकल शिक्षक श्यामा पन्त, जनकल्याण माध्यमिक विद्यालयको किशोरी समूहकी सदस्य प्रमिला खतिवडा आदिले

बोलेका थिए। संस्थाकी सहायक कार्यकारी निर्देशक हेलिना राईले २२ वटै विद्यालयमा सेनेटरी प्याड बैंक, प्याड डिस्पोजल पिट, शैया, साइड टेबल, साइड स्क्रिन, प्याड एटिपम, म्याट्रेस लगायतका सरसफाइजन्य सामाग्रीका साथै पोष्टर लगायतका जानकारीमुलक सामाग्रीहरु हस्तान्तरण गरिएको कुरा अर्थ सवाल साप्ताहिकलाई बताइन्। त्यस्तै कार्यक्रम संयोजक ललितालिम्बुले विज्ञ टोलीको सहयोगमा १९८ जना किशोरीहरुले आफ्ना विद्यालयमा किशोरी समूह निर्माण गरी प्रशिक्षितसमेत भएर सक्रिय रूपमा कार्य गरिरहेको, कोभिड-१९का कारण धेरै क्रियाकलापहरु अनलाइन नै गर्नुपरेको र भविष्यमा पनि अनुगमनलाई निरन्तरता दिनुपर्ने कुरामा जोड दिइन्। कार्यक्रममा परियो जनासँग सम्बन्धित बुलेटिनसमेत विमोचन गरिएको थियो।

## **Media Coverage**